

SPORTS MEDICINE 24 CONFERENCE

2nd & 3rd September

@EMIRATESSTADIUM
HOME OF ARSENAL

PROGRAMME OF EVENTS



GE HealthCare

SPORTS MEDICINE 24 CONFERENCE

We are proud to announce our biggest ever Sports Medicine Conference, in collaboration with Arsenal Football Club and GE Healthcare. The conference is held at the exceptional facilities of the iconic Emirates Stadium in central London, the home of Arsenal Football Club!

We have brought together the best in sports medicine to share their combined expertise in clinical assessment, patient management, rehabilitation, imaging, and surgical interventions. Because looking after elite athletes is a team game!

Gain invaluable insights into imaging of muscle and tendon injuries and the specific challenges we can face. Learn from the best and hear clinicians share their victories and defeats, and how this has shaped their practice. This is an opportunity not to be missed to ensure you are up to date with all the latest research and trends in sports medicine.

This is an ideal platform to exchange ideas, enhance professional networks, and gain new insights for sports doctors, surgeons, radiologists, physiotherapists, osteopaths, rehabilitation therapists, and any clinician with an interest in sports medicine.

WHAT TO EXPECT

- **Attend Inspiring Keynotes:** Hear from visionary leaders and innovators who are shaping the future of sports medicine.
- **Participate in Interactive Sessions:** Engage in hands-on workshops, panel discussions, and breakout sessions designed to provide practical insights and actionable takeaways.
- **Explore Cutting-Edge Innovations:** Visit our exhibition hall to discover the latest products, technologies, and solutions from leading companies and startups.
- **Network with Peers:** Connect with fellow professionals, thought leaders, and potential collaborators during our networking events and informal gatherings.

HIGHLIGHTS

- **Keynote Speakers:** Our distinguished keynote speakers include Dr Carles Pedret, Mr Andy Williams, and Professor Karin Silbernagel who will all share their visionary insight.
- **Special Events:** Don't miss our welcome drinks, where you can unwind and celebrate with your peers.
- **Workshops and Panels:** Sessions led by experts and industry pioneers.

WORLD CLASS SPEAKERS

SEE ALL SPEAKERS



INTRODUCTION

- P W SMUG Team Introduction to the conference
- P TBC Welcome to Sports Medicine Conference 24

SESSION 1: Recent advances in Achilles and calf injuries Chair: Chris Myers

- P Dr Carles Pedret Calf/soleus – from anatomy to injury and the misdiagnosed ones
- P Professor Karin Silbernagel Are all Achilles injuries the same?
- P Mr Jarrod Antflick Rehabilitation of the Achilles tendon in elite sport: successes, challenges and lessons learned
- P Professor Karin Silbernagel What's new in translating tendon imaging into clinical assessment

Questions to the panel

SESSION 2: Decision making in hip/groin and proximal hamstring injuries Chair: Robert Laus

- P Professor Rowena Johnson Innovation in groin pain: diagnostic imaging and interventional technique
- P Professor Ernest Schilders Innovation in groin pain: mastering anatomy for a precise diagnostic work up
- P Professor Fares Haddad Proximal hamstring Injuries: an insight into surgical decision making and algorithms
- P Dr Lorenzo Masci Proximal hamstring pain: exploring differential diagnoses and optimal management

Questions to the panel

SESSION 3: Hamstring injuries – it's 'T-junction' time! Chair: Ray Leung

- P Professor Fares Haddad T-junction: an insight into surgical decision making and algorithms
- P Ricky O'Donoghue Rehabilitation of T-junction hamstring injuries
- P Dr Carles Pedret T-junction struggles: T-time and re-injuries
- P Dr Kevin Cronin The emerging use of ultrasound in assessing hamstring risk

Questions to the panel

SESSION 4: Adolescent sport injuries: mind the gap! Chair: Zubair Haleem

- P Professor Johannes Roth MSK US of the tendons, pulleys and entheses throughout the pediatric age range
- P Dr James Noake Diagnosis of hip and groin injuries in adolescence – case studies
- P Professor Karin Silbernagel Heel pain in adolescence

Questions to the panel

Ultrasound workshop sponsored by GE

- W Dr Carles Pedret Lower limb muscle scanning

WELCOME DRINKS

- W Workshop
- W Live Demonstration
- P Presentation

Ultrasound workshop sponsored by GE

W	Dr Johannes Roth & Dr Carles Pedret	The adolescent athlete
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SESSION 5: Looking back to move forward Chair: Dr Carles Pedret

P	Professor James Calder	Acute lateral ligament repairs – why, when and how?
P	Mr Paul Fisher	Rehabilitation of ankle injuries in professional football
P	Zubair Haleem/Arsenal	Injury trends in Arsenal FC academy: looking back to move forward
P	Dr Ray Leung	Beneath the surface: ultrasound cases in football

Questions to the panel

SESSION 6: Rehabilitation in sports medicine: balancing risk and recovery Chair: Dr Carles Pedret

P	Alicia Tang	Risk versus reward – experience and tips for return to play in tournament and play-offs
P	Dr Carles Pedret	Biology, re-injury and imaging
P	Professor Karin Silbernagel	Tendons – benchmarks for RTP
P	Elliott Clark	Assessing ACL rehabilitation progress: the role of benchmarking
P	Ian Jones	Implementing change of direction within injury rehabilitation

Questions to the panel

SESSION 7: Stronger together: integrating imaging with clinical assessment Chair: Prof. James Calder

P	Dr Justin Lee	Imaging Bone Stress in Elite Athletes: From Spine to Metatarsals
P	Mr Andy Williams	New understanding of MCL anatomy, biomechanics and relevance to injury
P LD	Mr Andy Williams	Clinical examination of the knee – critical in determining management but a long lost art
P	Prav Mathema	Balancing imaging with function during the Rugby World Cup 2023
P	Dr Jon Houghton	Inflammatory pathology in elite athletes – how not to miss it!

Questions to the panel

SESSION 8: Looking back, moving forward: reflections & projections Chair: Chris Myers

P	Professor Johannes Roth	AI assisted acquisition and interpretation in MSK US
P	Dr Carles Pedret	The future of muscle injuries in sport: where next?
QT	Question Time	10 minute panel discussion
P	Mr Andy Williams & Prav Mathema	Reflecting on 25 years in elite sport: a surgeon and physio perspective

Questions to the panel

CONFERENCE CLOSE



SPORTS MEDICINE 24 CONFERENCE



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at sportsmedconf@whiteleafsolutions.com

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